

Note from the Rhythm Director (Emily 'Pegasus' Mott) on Teacher Development:

Have you ever wondered how to become a Noyes Rhythm teacher? Even after having taught years of classes I continue to be in a state of wonder, though I have taken the formal steps required to be certified. It is such rich work that we can, happily, take all of our lives to improve and get deeper. However, we *do* have a written process and a teacher training program, both evolving to be as supportive and thorough as possible given the short time we have each summer.



The first step is to apply to the apprentice teacher program. A short note to the Rhythm Director --that's me!--requesting your inclusion in our teacher training program will suffice. At this point, we use the 11:00am class as well as 4:30pm Tuesday and Thursday teacher training sessions, private mentoring, private lessons, and ongoing study and practice for teacher development time. And of course, all classes attended as a student, summer and year-round are central to the development of a teacher.

If you don't see yourself as a full teacher in the future or would like to share some Noyes Rhythm in a setting where you already teach, you may be interested in another option. New this year, we will try designating individuals to teach specific techniques. For example, perhaps you are very comfortable with the Caterpillar and would like to teach it in your yoga class or at a work retreat. The accreditation committee and/or teachers would work with you to help you gain a good understanding of the mechanics and Rhythm of the technique. You will gain confidence by practicing with a teacher and, finally, teaching the technique on the weekly schedule in the summer. Then you can get designated and take it away!

See next page for the **complete certification process.**



Below are the requirements to which we currently refer for each level of teacher:

Noyes Rhythm Teacher Certification Requirements

1. Apply in writing:

“ I would like certification at the.....level.”
(apprentice teacher, teacher, or master teacher)
and tell why.

or

“I would like to be designated to teach thetechnique” and tell why.

2. A total of 4 weeks of Noyes Rhythm at Shepherd’s Nine or equivalent classes, including 2 consecutive weeks in one summer.

3. Election by the certification committee.



Teacher Certification Levels

1. Apprentice Teacher

- A. A confident answer to “ What is Noyes Rhythm?”
- B. Demonstrate the ability to teach from the Technique Book (*Rhythm for Dance and Art*, ed. Ladd) with an understanding of Noyes principles.
- C. Have put together a basic 3-part Recreation class and taught it.

2. Teacher

- A. Have demonstrated an ability at level 1, and have made an ongoing commitment to Noyes Rhythm
- B. Have taught at least 6 Recreation classes at which at least 1 Master teacher and one other teacher are present.
- C. A conversation with the committee.

3. Master Teacher

- A. Demonstrated ability at all levels of Noyes Rhythm teaching: Recreation class, Technique class, Normal class, Private lessons.
- B. Familiarity with the school music.
- C. Created and directed group productions (Masques).
- D. Demonstrated ability to discuss: Noyes Rhythm system of movement as well as Florence Fleming Noyes’ theories and their present day of application.
- E. Demonstrated a year round commitment to the school and its principles.